



## Powerchair Football Canada

### How to start a team

Powersoccer aka Powerchair Football is soccer played by individuals who use powerchairs. The sport is played in an indoor gym with an attached customized footguard used to "kick" the soccer ball. It is a regulated and safe sport that is played both recreationally and competitively. Players are given the opportunity to participate in a team sport regardless of their ability. Powersoccer allows players to gain self-confidence, independence, learn about teamwork, develop leadership, master a new skill, experience the sport environment, become part of a support community, build friendships and most of all have fun. We encourage everyone to check out this exciting and rewarding sport.

Currently in Canada, there are teams in British Columbia, Alberta, Quebec and New Brunswick. For the sport to be recognized as a national sport it needs to continue locally and to be played in additional provinces. We are working hard to expand the sport to other provinces across Canada. Our ultimate goal is to have the sport introduced as an official Paralympic sport.

Here are a few steps you may want to take in starting up your **NEW** Powersoccer team:

- Find out if there are any local groups or organizations that want to help you, such as schools, community centres, etc.
- Approach disability related organizations for support, funding and help in recruiting players. Organizations such as Wheelchair Sporting Organizations, Cerebral Palsy Sports, Child Development Centres, Rehabilitation Centres, Muscular Dystrophy Canada, Mobility Service and products providers, and Health professionals such as occupational and recreational therapists and local children's hospital neuromuscular clinics.
- Contact soccer affiliated associations for support.
- Locate volunteers to help with coaching, officiating, equipment and managing. College/ University students are a great resource who need volunteer hours. Retired coaches and referees from able bodied soccer will welcome the opportunity to still participate in a smaller and climate controlled setting.
- Secure availability to a gym, eg: schools, community centre, church
- Purchase regulated equipment. This can have an effect on the players' ability and qualifications for tournament participation, see links below.
- Check the links below for our National website and for more info on rules, drills, equipment, etc.
- Keep in touch with Powerchair Football Canada for updates and opportunities for coaching, refereeing, development and tournaments ..... And "LIKE" us on Facebook.

**It is important to remember that this may take some time to organize, but it will be worth all the hard work in the long run. GOOD LUCK!!!!**

### Important Links

[www.powerchairfootballcanada.com](http://www.powerchairfootballcanada.com)

[www.canadasoccer.com](http://www.canadasoccer.com)

[www.fipfa.org](http://www.fipfa.org)

[www.sportabilitybc.ca](http://www.sportabilitybc.ca)

[www.acpsa.ca](http://www.acpsa.ca)

[www.parasportquebec.ca](http://www.parasportquebec.ca)

[www.sporteck.com](http://www.sporteck.com)

[www.powersoccershop.com](http://www.powersoccershop.com)

National Powerchair Football organization

National Soccer org - LTPD guide for players with disabilities

International organization (Laws of the game, drills, etc.)

BC Provincial Sporting Organization

Alberta Cerebral Palsy Sports Association

Quebec Provincial Sporting Organization

Canadian source for power soccer balls only (Burnaby, BC)

Experienced business to purchase equipment